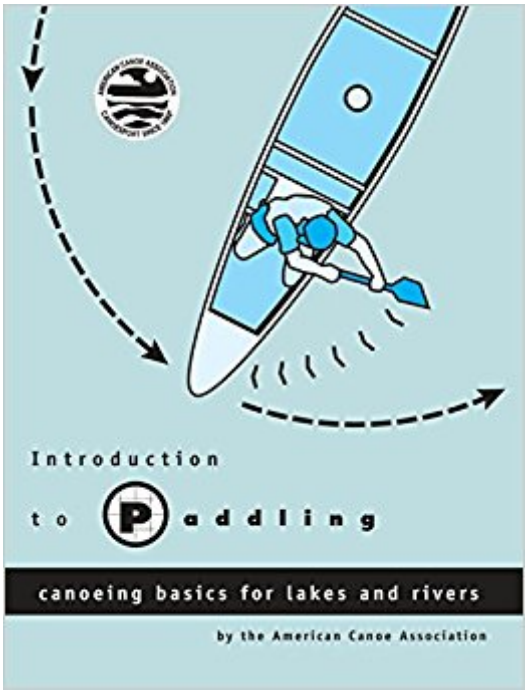
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Introduction To Paddling: Canoeing Basics For Lakes And Rivers



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Synopsis

This amply illustrated introduction to flatwater and river paddling will be an important resource for both instructors and those who like to teach themselves.

Book Information

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Publisher: Menasha Ridge Press; 1st edition (October 1, 1996)

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Average Customer Review: 4.8 out of 5 stars 5 customer reviews

Best Sellers Rank: #309,016 in Books (See Top 100 in Books) #26 inÃ Â Books > Sports & Outdoors > Outdoor Recreation > Sailing > Instructional #52 inÃ Â Books > Sports & Outdoors > Outdoor Recreation > Kayaking #66 inÃ Â Books > Sports & Outdoors > Outdoor Recreation > Canoeing

Customer Reviews

Written by the American Canoe Association and the Ohio Department of Natural Resources, Introduction to Paddling is an easy-to-understand guide to flatwater and river paddling. Based on an earlier work by the Ohio DNR, Flat-water Paddler, this amply illustrated book tells beginning paddlers everything they need to know, from appropriate clothing to the parts of the boat, from correct strokes to proper safety concerns. Good for instructors and those who like to teach themselves, this book is an important resource for those who like to paddle or want to start. (8 1/2 x 11, 32 pages, diagrams)

The American Canoe Association’s Introduction to Paddling, canoeing basics for lakes and rivers, is a short and clear introduction to canoeing. It describes the canoe and related equipment, how to use same, and several cautionary thoughts.The strokes described are few and clear, and river maneuvers and safety considerations are clearly laid out.A fine introductory handbook for any novice canoeist, and probably all that is needed for thye casual paddler

Basic guide. Not very long. Good illustrations. I am hoping to get a canoe and this is a good start.

I’m impressed with the detail in this short book.

Great for helping teach my daughter how to paddle the canoe.

For a complete novice like me this book is an essential starter pack and easy to understand. I found it to be a great teacher and agree that it is a starters book which will lead to safer canoeing and the correct thinking to further your learning through the experiences of other canoeists.

In the 26 pages (between Foreword and Glossary) there is an awful lot of good explanation on canoe basics, complemented with many and clear drawings. As a novice in canoeing, I learned a lot more than one could expect from such a thin book. Some techniques like re-entering-the-canoe-in-deep-water and boat-over-boat rescue technique seem better explained here than they are in some thicker books. (I write "seem" as I haven’t tried yet at the time of writing this :-)).It should be noted that this is -as the title says- a basic introduction book; the book has all the information you need to get started. It will enable you to row and control a lot better than the average newbee in a rental canoe, but that is about how far it goes.

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